

# Sarah Henry

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## SUMMARY

Sarah Henry is a writer and editor with more than two decades of diverse journalism experience in both new and traditional media. She covers health, parenting, food, people, and other subjects for a wide range of magazines and websites. Her areas of expertise include health service articles, narrative features, in-depth reporting, personal essays, and personality profiles.

## PROFESSIONAL EXPERIENCE

### **Freelance Writer and Editor, Berkeley, CA, 2009-present**

Assignments include editing an oral history memoir for a Bay Area philanthropist, writing about gifted children for parenting website BabyCenter, and blogging on food matters at Lettuce Eat Kale.

### **Senior Editor, Caring.com, 2007-2008**

Wrote general health information and filed weekly blog for start-up online site dedicated to providing assistance to people caring for their aging and ailing parents.

### **Contract Writer, Chronicle Books, 2007**

Wrote Sydney travel guide for the popular series *City Walks: Sydney, 50 Adventures on Foot*, published 2008.

### **Contract Writer, Consumer Health Interactive, 2002-2007**

Synthesized complex information on rare diseases, common disorders, and pregnancy concerns into consumer-friendly content for health information website whose clients include major health companies.

### **Freelance Writer, Sydney, Australia, 2000-2002**

Wrote book reviews on parenting matters for Consumer Health Interactive. Published interviews and a first-person essay for *Good Weekend*, Australia's premier newspaper magazine.

### **Freelance Writer, San Francisco, CA, 1998-2000**

Wrote profiles for magazines such as *San Francisco*, service stories on developmental milestones for popular online parenting resource BabyCenter, and health articles for content provider WebMD.

### **Staff Writer, Hippocrates, 1996-1997**

Wrote features, profiles and front-of-the-book stories for national Time Inc. publication *Hippocrates*, a magazine for health professionals and contributed to *Health*, a general-interest magazine. Topics covered include the diabetes epidemic, the assisted suicide debate, physician stress, and doctors who make a difference.

### **Freelance Writer, San Francisco, CA, 1995-1997**

Wrote for a wide range of magazines including *Glamour*, *Ms.*, *Hippocrates*, *Modern Maturity*, and *Parenting*. Major stories included a cover article on human-rights activist Harry Wu for *Los Angeles Times Magazine*, a profile of performer Anna Deavere Smith for *Good Weekend*, a cover piece on the right-to-die movement for *California Lawyer*, and an interview with tobacco-industry gadfly Stanton Glantz for *San Francisco Focus*.

Journalism instructor, San Francisco State University, 1996

Contributor, *Dr. Koop's Self-Care Advisor* (Health Publishing Group, 1996), a health guide written under the name of the former United States surgeon general that sold nearly a million copies.

### **Staff Writer, Center for Investigative Reporting, 1986-1995**

At this award-winning, non-profit news organization wrote articles on environmental, social justice, and health subjects for a wide range of newspapers and magazines. Highlights included an expose on insurance industry discrimination for the *Washington Post* and several features for *Los Angeles Times Magazine (LATM)*. Stories for *LATM* included a cover article on the English Only movement, a crime story on the illegal export of industrial poisons, an investigation of a white supremacist organization intent on marketing hate, and an examination of a labor dispute between a top fashion designer and an upstart garment workers' group.

Associate producer credits on a PBS *Frontline* documentary about racial discrimination in mortgage lending (1992), a CBS *60 Minutes* segment on Oregon's health care plan (1992), and a PBS program on health access inequities for *The Healthy Quarterly* (1991).

Contributing author on the CIR/Bill Moyers book *Global Dumping Ground*, (Seven Locks Press, 1990), which documented the international traffic in hazardous waste.

## EDUCATION

Bachelor of Arts (Communications), University of Technology, Sydney, 1985

## INTERESTS

Kitchen Volunteer, Edible Schoolyard, King Middle School, Berkeley, 2005-present

Instructor, Parent Nutrition Class, Berkeley Unified School District, 2009

Instructor, Monkey Business Camp Cooking Classes, Berkeley, 2008

Instructor, Afterschool Cooking Classes, Malcolm X Elementary and Berkeley Arts Magnet, 2006-07

